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Tool Talk Safety Meeting

February 3, 2023

Winter Slip & Fall Prevention

While this winter has been particularly mild, there have been two snow and ice related slip-and-fall injuries in January. The purpose of this Tool Talk is to bring awareness to the risks of slipping and falling in slippery conditions and to provide a list of actions that can be taken to help avoid an injury during these winter months.

- Use extra caution to keep on your feet this winter.
- Anticipate hazards as you are walking. Slow down. If you think a surface might be slippery, take short, sure steps instead of longer strides.
- Try not to hurry when conditions are likely to be slippery, and give yourself plenty of time to get to your destination.
- Wear slip-resistant footwear with no-slip soles to provide traction control appropriate for winter weather. Check the soles of your boots to see if the treads have worn down. If so, it is time to replace them.
- Keep pathways clear of snow and ice.
- Keep skid-resistant door mats near entrances to dry your footwear. Check the bottom of your feet every time you enter a building, and clean off the accumulated ice and snow.
- When getting in and out of vehicles, always keep at least one hand on the handle or grab bar so you can catch yourself if you start to slip.

Sometimes, even though you have tried to be careful, you will fall. If that happens, don't move until you are sure that you haven't broken any bones.

Questions about this Tool Talk Topics or other safety items? Kurt Shea at 269-207-2055

