

## **Tool Talk Safety Meeting**

March 23, 2022

# Hours of Service & Log Book Requirements

This tool talk is a review of Hours of Service & Log Book Requirements.

- \*Note: If you do not already have a log book, get one today from a shop administrator.
- 1. As required by the Department of Transportation, all road employees are required to keep HOS records in their personal log books. The HOS page is located inside the front cover and a log book covers a one month period. At the end of the month your completed log book must be turned in to the shop administrator and exchanged for a new one.
- 2. Employees are to keep their log books with them at all times and fill them out daily, whether you work or not. On a day when you do not work, "Off Duty" is to be indicated. Motor Carrier officers may request to review your log book at any time and you may be fined if you do not have it with you.



#### When driving any truck - OR- driving any truck and trailer combination and you are:

1. Inside 150 miles of your reporting location — you are required to fill in only the HOS page in your log book. This situation does not require completing the daily grid.

## When driving a truck weighing 10,001 lbs. or more and not towing a trailer - OR- When driving any PK truck towing a trailer weighing 10,001 lbs. or more and you are:

1. Outside 150 miles of your reporting location — you are required to fill out the daily grid and the HOS page.

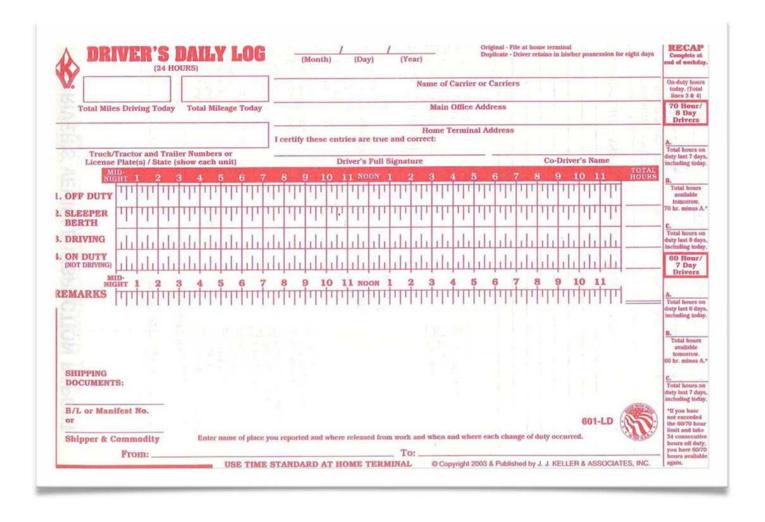
\*Note: Most PK trucks numbered 500 and higher have a GVWR greater than 10,001 lbs. where HOS + grid logging outside of the 150 air-mile radius is required.

#### Hours of Service (HOS) page (Complete Daily)

The	figures 1 work. If no	on the period of 70 hours in 8 7 days, use the summary shee to 31 represent calendar days work is performed, enter zero 70 HR/8 DAY			t on the right. , and entries should be (0) in first column and c	made fo	or each da	y - even when driver does		
	Worked Today (Total of	DRIVERS ONLY			Enter the last serve under the space un during the 70 hours Column B		Today (Total of	DRIVERS ONLY		
Day of mo.	fines 3 & 4 on graph)	Α	В	С	70 HOU Erear the number of working hours (on duty & dhiving) for each of the last sevent duty of the pre-cating month in the first seven spaces under the column headed "Hours Worseld Today". Each in the fact space under Column A the Total of the number of hours worked during the last 7 days. Subtreat the signe settled in Column A from 70 hours and enter this figure - hours available for himorrow - in Column B.	Day of mo.	lines 3 & 4 on graph)	Α	В	C
Last 7 days of preceding month		Total hours on-duty last 7 days	Hours available tomorrow. 70 hours minus col. A - OR - 70 hours (if took 34 consecutive hours off duty)	Total hours on-duty last 8 days		Last 6 days of preceding month		Total hours on-duty last 6 days	Hours available tomorrow. 60 hours minus col. A - OR - 60 hours (if took 34 consecutive hours off duly)	Total hours on-du last 7 days
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6					TO HOURS - 8 DAYS  and of the At the end of each day, complete the first three columns adjacent to the spaces. Be days of month in the same manner as explained above. Total the in the first innumber of hours worked dering the late? Boys and enter in Column C. is reached. If any among the late above is invitation and should have been the A from done. Any devining that was done is invitation and should be orded for order. NOTE: Any there you took 34 coresource hours off day, you have 70 hours analysis and the again.	6				
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20					60 HOURS - 7 DAYS Follow the same instructions provided for complating the surmary sheet for days - 70 hours, except substitute last six days for test seven days and 60 hours for 70 hours. NOTE: Any time you took 34 consecutive hours off duty, you have 60 hours available again.	20				
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FMCSA Hours of Service Summary: <a href="https://www.fmcsa.dot.gov/regulations/hours-service/summary-hours-service-regulations">https://www.fmcsa.dot.gov/regulations/hours-service/summary-hours-service-regulations</a>

Grid Page from the Log Book—Complete this page as required.





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### TOOL TALK SAFETY MEETING

presenter is to record attendance by printing the first and last na ach person in attendance.						
Printed Name	Printed Name					